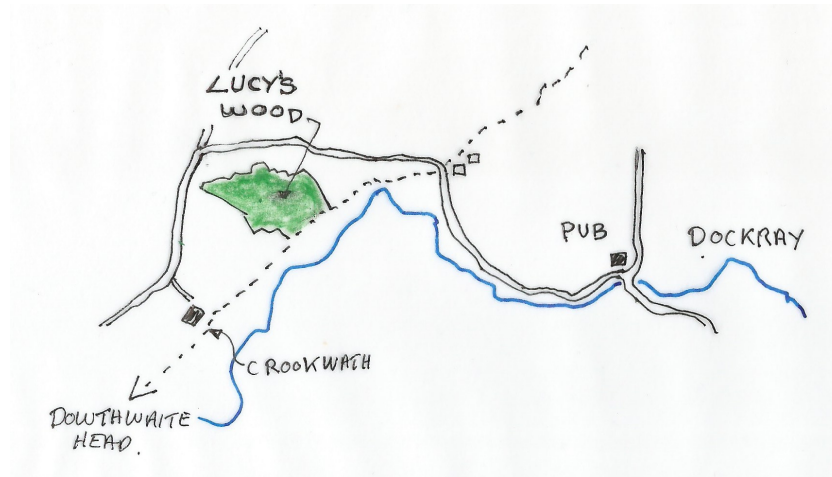


Lucy's Wood

Just before Lucy, our daughter, died of cancer she asked us to plant some woodland in her memory. She had told us very clearly she wanted us to put the land back the way it was 3,000 years ago so people could reconnect with nature. We found some boggy land in Matterdale and bought it. We lived in a village near Penrith at the time and had to wait three years before we found Crookwath cottage near to Lucy's new wood. Travelling to Dockray to tend the trees helped with our grieving process. Today, 24 years later, people walking through the wood on the public footpath can rest awhile and hear the sound of birdsong and bees buzzing. They can smell the trees and flowers and feel the long grass beneath their feet. The wood is an oasis in a desert. As the trees and wild flowers grew the wildlife returned. The wood is a sanctuary for all life. Music in the Wood started to happen about six years ago where we raised funds for local charities. Recently many other local land owners in the valley have also been planting woodland which is wonderful.

Richard & Gina Farncombe



Directions. From the Royal Hotel take the road leading towards Dowthwaite Head. At the bend with field barns and masts take the footpath on the left which takes you to Lucy's Wood. Wander, maybe lose yourself and enjoy the peace and beauty of this place. Look for orange flashes on trees and posts marking the paths and see how many trees you can spot!

Trees to look for: **Oak, Ash, Silver Birch, Hawthorn, White Beam, Alder, Elder, Willow, Larch, Rowan, Beech, Blackthorn, Field Maple, Juniper, Scots Pine, Aspen, Wych Elm, White Poplar, Broom, Sycamore, Bird Cherry, Apple, Crab Apple**, many of which you will find on the leaflet. For others the Woodland Trust has an excellent website and tree identifier App. <https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/tree-id-app>.

Check out websites: **Another Way and Ullswater Catchment Management** <https://www.another-way.org.uk>
<https://www.ucmcic.com> to find out how you can get involved in planting trees in the Ullswater and Matterdale Valleys.

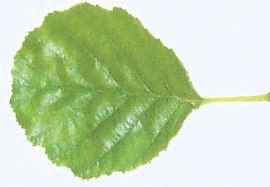


MATTERDALE TREE TRAIL IN LUCY'S WOOD





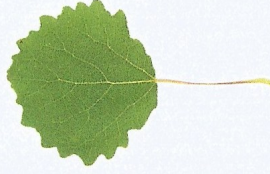
Birch
Betula sp.



Alder
Alnus glutinosa



Apple
Malus sp.



Aspen
Populus tremula



Goat Willow
Salix caprea



Black Poplar
Populus nigra



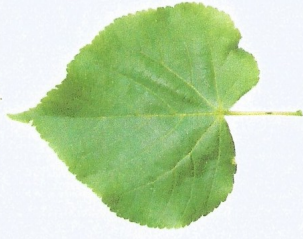
White Poplar
Populus alba



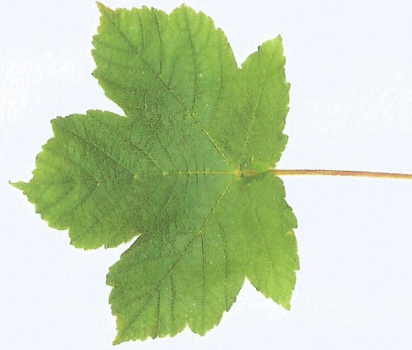
Beech
Fagus sylvatica



Grey Poplar
Populus x canescens



Lime
Tilia sp.



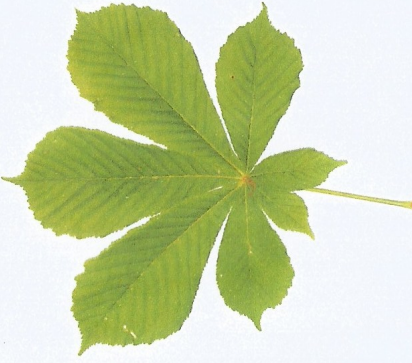
Sycamore
Acer pseudoplatanus



Blackthorn
Prunus spinosa



Hawthorn
Crataegus sp.



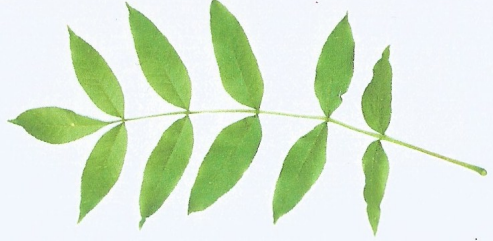
Horse Chestnut
Aesculus hippocastanum



Field Maple
Acer campestre



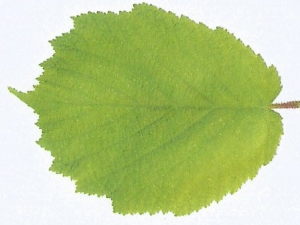
Crack Willow
Salix fragilis



Ash
Fraxinus excelsior



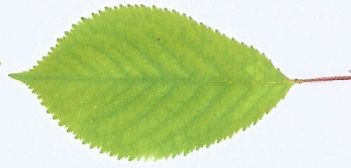
Sweet Chestnut
Castanea sativa



Hazel
Corylus avellana



Elder
Sambucus nigra



Wild Cherry
Prunus avium



Rowan
Sorbus aucuparia



Oak
Quercus sp.



Wych Elm
Ulmus glabra

British Tree Leaves

DISCOVER
THE WILD

